## CBR1000S

## Spring Preload

You can adjust the spring preload by the PRELOAD adjuster to suit the load or the road surface.

Turn clockwise to increase spring preload (hard), or turn counterclockwise to decrease spring preload (soft).

The standard position is the 6 turns from the full soft position. Also the position for race tracks is 6 turns from the full soft position.

u When adjusting, be careful not to damage the adjuster.

