



- 1 Drive in a new oil seal squarely until it is fully seated.

Driver: 07749-0010000

Bearing installer: 070MF-MEN0100



- 2 Pour the specified amount of recommended fork fluid into the outer tube.

RECOMMENDED FORK FLUID: MX4#

FORK FLUID CAPACITY: 395 cm³

- Bleed air from the fork pipe by pumping the outer tube.
- Compress the fork pipe fully and measure the fluid level from the top of the outer tube.

FORK FLUID LEVEL: 70 mm



- 3 Hold the fully seated fork rod nut [A] and tighten the fork cap [B].



- Fork disassembly and inspection